

## August/September **Elementary Breakfast Menu**

Check out <a href="https://lowellk12ma.nutrislice.com/">https://lowellk12ma.nutrislice.com/</a> for Menus, Nutrition Education & Monthly Promotions! Questions or concerns please contact <u>foodservices@lowell.k12.ma.us</u>

All breakfast items are whole grain. Offered Daily: 1 % and Skim Milk, and Fresh Fruit All Breakfast is provided free for all students. Please inform food service if you have a food allergy.

\*Menu is subject to change.



	BIGITAL STATE	26 Egg & Cheese Wake Up Wrap Blueberry Muffin Served with Oranges & Juice	Powdered Sugar Donut All-Day Energy Platter Served with Strawberries & Clementines	28 Bacon, Egg, and Cheese Croissant Mini Strawberry Filled Bagel Served with Fresh Fruit Cup & Juice	Labor Day Recess
	Labor Day	2 Mini Cini Caramel Bagel Chocolate Chip Muffin Served with Oranges & Juice	Ham & Cheese Croissant Double Chocolate Betty Crocker Bar Served with Strawberries & Clementines	4 Chocolate Crescent UBR Round Served with Fresh Fruit Cup & Juice	5 Egg & Cheese Wake up Wrap Bagel with Cream Cheese Served with Apples & Bananas
	8 Cinnamon Raisin Bagel Asst. Cereal Bowl with a Graham Cracker Served with Apples and Pears	Election Day	10 Apple Frudel All-Day Energy Platter Served with Strawberries & Clementines	11 Egg & Cheese Croissant Cranberry Oatmeal Raisin Round Served with Fresh Fruit Cup & Juice	12 Breakfast Smoothie  Bagel with Cream Cheese  Served with Apples & Bananas
	Maple Mini Waffle Asst. Cereal Bowl with a Graham Cracker Served with Apples and Pears	16 Bacon, Egg, and Cheese Bagel Blueberry Muffin Served with Oranges & Juice	17 Breakfast Smoothie  Benefit Bar  Served with Strawberries & Clementines	18 Sausage, Egg & Cheese Wake up Wrap UBR Round Served with Fresh Fruit Cup & Juice	19 Cinnamon Roll  Bagel with Cream Cheese  Served with Apples & Bananas
	Pancake Sausage on a Stick Asst. Cereal Bowl with a Graham Cracker Served with Apples and Pears	Prench Toast Sticks Chocolate Chip Muffin Served with Oranges & Juice	24 Sausage, Egg, and Cheese Bagel Sandwich  Oatmeal Betty Crocker Bar w/ Graham Served with Strawberries & Clementines	25 Blueberry Breakfast Bread  Nature Valley Round  Served with Fresh Fruit Cup & Juice	26 Mini Cini Cream Cheese Bagel  Mixed Berry Yogurt Parfait Served with Apples & Bananas
-	This is also also in an annual annual				

This institution is an equal opportunity provider.

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